

## **Not Really Ice-cream but Better (possibly to replace the Christmas pudding, or even to have for breakfast)**

*Blend:*

- ½ cup natural yoghurt or coconut cream or coconut milk
- 3 sliced frozen bananas
- 1 cup frozen peaches or apricots
- ½ cup frozen blueberries (can be from a packet)
- *Optional, but good if this will be your breakfast:* 4 tbsp ground almonds or ground walnuts

Serve at once, in glasses so everyone can appreciate the dark pudding like colour and specks of brighter fruit.