

Salsa

Excellent on top of grilled or baked fish, or mix in stir fried chicken and you have a fabulous salad

Mix into a bowl:

- ½ cup chopped coriander (yes, parsley will do at a pinch)
- 1 avocado, peeled and chopped
- ½ cup pawpaw or mango, peeled and chopped
- 2 tbsp Spanish or red onion, peeled and chopped
- 4 tbsp olive oil
- 1 tbsp lemon or lime juice
- 2 cloves garlic, crushed
- 2 tbsp chopped red chilli or red capsicum